

Asian Extended Medical Food Expo



The Asian Extended Medical Food Expo is an international exposition in which many Japanese and other Asian companies and institutions will exhibit a wide variety of foods, beverages, ingredients, supplements, and services related to healthful and functional diets, including medical and healthcare foods, with sample tasting sessions and menu suggestions.

Smilecare Food

Japan's Ministry of Agriculture, Forestry and Fisheries is going to change the conventional concept of "care foods" to "new care foods" with a focus on the maintenance and restoration of physical function, as well as caring for those with feeding and/or swallowing difficulties. This new initiative will also be our point of emphasis.



Fujita Shoku Bus Tour

We are planning a half day tour to Fujita Health University Hospital, the largest in Japan, to experience Fujita shoku (meals) prepared in the kitchen system renewed as part of the completion of the new building at Fujita Health University Hospital.



*Information on how to book will be available later on the website.

"WAVES" Cooperative Project!

WAVES stands for "We Are Very Educators for Society" and is a nutrition education program for the maintenance and improvement of nutritional health in healthy persons and for establishing a foundation for local medical welfare for the elderly.

We aim to achieve a flourishing elderly society for the next generation by all medical personnel involved in nutrition taking up the call to become missionaries and educators to spread the word about the importance of nutrition to society.

PENSA 2015 plans to hold a cooperative event with WAVES.

What to see in Nagoya



Nagoya Castle

This castle, a symbol of Nagoya was built by the order of Tokugawa Ieyasu in 1612, and it symbolizes Nagoya's pride and power.



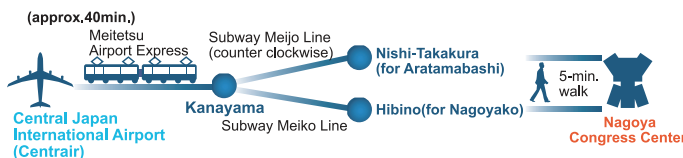
Oasis 21

This park opened in 2002 in Sakae. This is complex multi-level park with the theme of "Space ship Aqua" that is the symbol of the park and abundant throughout.

Access



From Central Japan International Airport



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The **16th** Congress of **PENSA**
- Parenteral and Enteral Nutrition Society of Asia -

Pensa 2015

All for Patients!

Using Our Full Power of Metabolic and Nutritional Management

24 – 26 July 2015

at Nagoya Congress Center, Nagoya, Japan

President

Takashi Higashiguchi, M.D. & Ph.D.

Department of Surgery and Palliative Medicine,
Fujita Health University School of Medicine

Pre-Registration

13 January 2015 ~ 30 June 2015

Concurrently Held Events

Asian Extended Medical Food Expo
2nd Conference on JSFSN
9th JSPEN Tokai Branch Annual Meeting



Parenteral and Enteral Nutrition Society of Asia (PENSA)
Japanese Society of Parenteral and Enteral Nutrition (JSPEN)
Proudly present and organize

<http://www.pensa2015.com/>

Messages

President of PENSA 2015



As the president, I would like to extend my greetings. Founded in 1995 with the participation of medical professionals engaged in nutritional management and support in Asian countries, PENSA is operated by various academic societies from 11 countries in the Asia-Pacific region, supporting medical services in Asia and the world through research and practice in nutritional management and therapy. Currently, we are preparing for a successful conference with the assistance of managerial members of the Japanese Society for Parenteral and Enteral Nutrition (JSPEN) and many others. In recent years, the Asian region has witnessed the emergence and evolution of nutritional management and therapy. Accordingly, we hope that PENSA 2015 will help securely establish these two nutritional interventions and ensure their growth in Japan as the basis of general medical care from a broader perspective. The main theme of PENSA 2015 will be "All for Patients! Using Our Full Power of Metabolic and Nutritional Management." The biannual congress offers wonderful opportunities for physicians, other medical professionals, and researchers engaged in nutritional management and therapy in Asian countries to meet, present new findings and achievements in their routine practice and research, and exchange the latest knowledge. The congress is expected to greatly contribute to nutritional management and therapy and help improve people's health and welfare in Asia through basic and clinical research.

We sincerely hope that many of you will participate in the PENSA2015 to make it an especially fruitful event, and trust that your stay in Nagoya will be a truly memorable one.

I am looking forward to welcoming many of you in July 2015.

Takashi Higashiguchi, M.D. & Ph.D.

President of the 16th Congress of the Parenteral and Enteral Nutrition Society of Asia (PENSA 2015)
Chairman of the Board of Trustees, Japanese Society for Parenteral and Enteral Nutrition
Professor and Director, Department of Surgery and Palliative Medicine,
Fujita Health University School of Medicine

Director of PENSA center



Lady and gentleman, it is my pleasure to welcome you to the 16th PENSA congress in Japan. PENSA is a society that 11 PEN societies in Asia working with parenteral and enteral nutrition for all hospitalized patients come and join together for academic cooperation. The congress of PENSA contains most of information you want to know about nutrition support. JSPEN is working hard to organize the excellence conference. We invite many experts around Asia and the world to learn and share experience during July 24-25, 2015. We expect a great number and varieties of attendees, and supporting companies with very good activities. Come and join our conference, learn about nutrition and bring the knowledge back to improve quality of nutrition support for all our patients.

Soranit Siltharm, M.D.

Deputy Dean, Faculty of Medicine Siriraj Hospital, Mahidol University
Bangkok, Thailand

Guest speakers

Josef E. Fischer (USA)
Pierre Singer (Israel)
André Van Gossum (Belgium)
Rémy Meier (Switzerland)
Alessandro Laviano (Italy)
Gordon Sacks (USA)
Charlene W. Compher (USA)
Jean-Pierre Michel (Switzerland)
Gordon S. Doig (Australia)
Joel Faintuch (Brazil)



Josef E. Fischer

Topics

- The present status and issues of Nutritional Support Team in Asia
- Sarcopenia in Asia
- Nutritional strategies for cancer cachexia
- Recent advance of PEG
- Impact of enteral nutrition for the specific situations
- Post-operative diets in Asia
- Recent advances in perioperative patients' care for early recovery after surgery
- Nutrition support in critically ill patients
- Current concepts of disease-specific nutritional therapy in critically ill patients
- The role of parenteral nutrition
- Pediatric nutrition support
- Nutritional education

Life Long Learning (LLL) programme in Clinical Nutrition and Metabolism

PENSA LLL (English Lecture) 3 topics July 24 (Fri.) - July 25 (Sat.)

Speakers: André Van Gossum (Belgium)
Rémy Meier (Switzerland)
Alessandro Laviano (Italy)



Topic 12 Nutrition in Gastro-intestinal Disease
Topic 19 Nutritional Support outside the Hospital:HPN in Adult Patients
Topic 26 Nutritional Support in Cancer

JSPEN LLL (Japanese Lecture) 5topics July 24 (Fri.) - July 26 (Sun.)

Topic 4 Nutritional Requirements in Children
Topic 8 Approach to Oral and Enteral Nutrition in Adults
Topic 13/14 Nutritional Support in Liver and Pancreatic Disease
Topic 36 Nutrition in the Elderly
Topic 37 Nutrition and Sports

12 PENs from Asian get Together !!

- **CSPEN** Chinese Society for Parenteral and Enteral Nutrition
- **HKSPEN** Hong Kong Society of Parenteral and Enteral Nutrition
- **INASPEN** Indonesian Society of Parenteral and Enteral Nutrition Society
- **Iranian Nutrition Society**
- **ISPEN** Indian Society of Parenteral and Enteral Nutrition
- **JSPEN** Japanese Society for Parenteral & Enteral Nutrition
- **KEPAN** Turkish Society of Clinical Enteral & Parenteral Nutrition
- **KSPEN** Korean Society for Parental and Enteral Nutrition
- **PENMSA** The Parenteral and Enteral Nutrition Society of Malaysia
- **PhiSPEN** Philippine Society for Parenteral and Enteral Nutrition
- **SPENT** Society of Parenteral and Enteral Nutrition of Thailand
- **TSPEN** Taiwan Society for Parenteral and Enteral Nutrition

Program at a Glance

	July 23 (Thu.)	July 24 (Fri.)	July 25 (Sat.)	July 26 (Sun.)
AM	_____	<ul style="list-style-type: none"> ▶ Opening Remark ▶ Chomchark Chuntrasakul Professorial Lecture ▶ Luncheon Seminar 	<ul style="list-style-type: none"> ▶ Special lecture ▶ Educational session ▶ Oral communication ▶ Luncheon Seminar 	<ul style="list-style-type: none"> ▶ Special lecture ▶ Educational session ▶ Oral communication ▶ Luncheon Seminar
PM	<ul style="list-style-type: none"> ▶ PENSA Council Meeting (For Invitation Only) 	<ul style="list-style-type: none"> ▶ Special lecture ▶ Educational Session ▶ Oral communication ▶ The conjunction tracks 	<ul style="list-style-type: none"> ▶ Special lecture ▶ Panel discussion ▶ Educational session ▶ Oral communication 	<ul style="list-style-type: none"> ▶ Panel discussion ▶ Educational session ▶ Best Free Paper Awards ▶ Closing ceremony
EVENING	_____	Faculty Dinner (For Invitation Only)	Cultural Fest	_____